

# 2025 EDEN HEALTH DISTRICT ANNUAL REPORT



**EDEN HEALTH  
DISTRICT**  
INVESTING IN THE HEALTH OF OUR COMMUNITY  
SINCE 1948

# CEO MESSAGE



Eden Health District CEO Mark Friedman

## Eden Health District Board of Directors

Chair Ed Hernandez, Zone 5

Vice Chair Mariellen Faria, Zone 1

Secretary-Treasurer Roxann Lewis, Zone 3

Director Sabrina Aranda, Zone 4

Director Ronna Jojola Gonsalves, Zone 2

- **Total awarded in grants and sponsorships: \$343,000**
- **Awards ranged from \$525 to \$25,000**
- **28 organizations supported**

**We always welcome feedback and questions. Just email us at [info@ethd.org](mailto:info@ethd.org).**

## Eden Health District Year In Review

In 2025, we saw significant strides for our District in the midst of tremendous challenges in the health care field, both locally and nationally.

Due to savings from 2024 election costs, 100% occupancy in the two medical office buildings the District owns, and our agreement with the Baywood Court Retirement Community, the District finances are in solid shape. We were able to greatly expand our support for key health care facilities, including St. Rose Hospital, La Familia's Federally Qualified Health Clinic Look-a-like in Hayward, 15 grantees, and 12 sponsorships of community health events.

Unfortunately, as a result of HR 1 and other fiscal challenges, our community partners at hospitals and clinics within the District are facing budget cuts and layoffs. This comes at a time when the health needs of vulnerable residents are as great as ever. Those dependent on Covered California and Medicare are facing steep increases in premiums and the need to make very difficult decisions that can have long-term consequences for the health of our community.

This year, our board welcomed two new members: Sabrina Aranda, representing the Ashland/Cherryland and San Lorenzo area, and Ronna Jojola Gonsalves, representing Central and East Hayward. They both got up to speed quickly and have been invaluable contributors. Also, this year Ed Hernandez contributed his extensive government and community experience to serve as Chair of our Board of Directors.

We remain committed to leveraging our resources wherever we can and are continuing our priorities for mental health with an emphasis on young people, sustaining St. Rose Hospital, and providing grants to community agencies working in mental health, food security, and expansion of health access.

# COMMUNITY SUPPORT

EDEN HEALTH DISTRICT | 02



Our board of directors. From left to right: Ed Hernandez, Ronna Jojola Gonsalves, Sabrina Aranda, Mariellen Faria, and Roxann Lewis.

## Agencies Awarded Grants by Eden Health District in 2025

### **Spectrum Community Services: Senior Meals Program - \$25,000**

- Program provides nutritionally tailored meals to seniors ages 60 and older throughout the Eden Health District.

### **Love Never Fails: Mobile Mental Health Support & Case Management for Unhoused Individuals - \$20,000**

- This program provides mobile mental health support and case management for unhoused individuals in the Eden Health District, fostering safety, healing, and self-sufficiency.

### **Black Girls Mental Health Foundation: The Birth Lab - \$20,000**

- Delivers monthly wellness workshops and parenting education to support BIPOC youth navigating pregnancy, postpartum, and perinatal mental health challenges.

### **La Clinica de La Raza, Inc.: Eden Area Health Education Project - \$25,000**

- Supports outreach efforts and comprehensive health services to increase healthcare access for youth at San Lorenzo High Health Center and Fuente Wellness Center.

### **East Bay Agency for Children: EBAC Family Resource Centers in San Leandro and Hayward Partner with Families to Remove Barriers to Health, Wellness and Opportunity - \$15,000**

- EBAC Family Resource Centers in San Leandro and Hayward partner with families to achieve their goals, overcome health barriers, and enhance wellness, resilience, and opportunity.

# COMMUNITY SUPPORT



The League of Women Voters Eden Area honored us with a certificate for participating in the "Underwear Challenge." Pictured from left to right are Ed Hernandez, Sabrina Aranda, the League of Women Voters Rep. Sara Lamnin, and Mariellen Faria and Roxann Lewis.

## Agencies Awarded Grants by Eden Health District in 2025 cont.

### **Tiburcio Vasquez Health Center, Inc.: Health Educator at Hayward High School Health Center - \$25,000**

- The grant was for a health educator at Hayward High's school-based clinic, which provides accessible medical care and health education services to 500 students.

### **Operation Access: Donated Specialty Care Program - \$25,000**

- The program advances health equity by connecting uninsured Eden Health District residents to donated surgical and specialty care from local providers.

### **Eden United Church of Christ: Comida Para Cherryland - \$25,000**

- This community-led and client-choice food distribution program was founded by immigrant families and has served neighbors with dignity, nutrition, and nourishment semi-monthly since 2011.

### **The Peace Haven Corporation: Freedom Store: Nourishing and Flourishing - \$20,000**

- The program combines food access with community connections through collaboration and innovation. It also expands their vocational nutrition education program to enable nourishing and flourishing for all.

### **San Lorenzo Family Help Center: Defeating Hunger - \$20,000**

- The grant provides fresh, nutritious food to Eden Area low-income families and individuals through an expanded store and mobile pantry, building stronger, healthier communities.

### **Eden Youth and Family Center: South Hayward Market - \$25,000**

- The South Hayward Market connects locals with free produce, nutritious food, and check-ins by Spanish-speaking promotoras, coupling fun, community events with critical health resources.

# COMMUNITY SUPPORT



We participated in Sun Day, a global day of awareness and education celebrating solar and wind power, and the unstoppable rise of clean energy. Switching to clean energy improves air quality and ultimately health.

## Agencies Awarded Grants by Eden Health District in 2025 cont.

### **SOS Meals on Wheels: Helping Our Older Neighbors in the Eden District Lead Magical, Connected Lives - \$25,000**

- The program fosters the independence and dignity of older adults by reducing food insecurity and isolation, with daily nutritious meals, friendly visits, and connection to support services.

### **Building Futures with Women & Children: Emergency Services at Sister Me Home Safe House, the San Leandro Shelter, and through Community Outreach Domestic Violence Services - \$25,000**

- The grant provides shelter, meals, counseling, safety planning, referrals, housing assistance and more for unhoused Eden Area residents and survivors of domestic violence and their children.

### **The Vietnamese American Community Center of the East Bay: Mindful Voices - \$25,000**

- The program will provide culturally responsive mental health counseling and community workshops, serving 220 youth and adults through trained lay counselors in the Eden Health District.

### **Eden I & R, Inc.: Benefits Navigation for Health and Food Security in the Eden District - \$10,000**

- Funds go to Benefits Navigation and 211 programs to assist Eden residents in accessing Medi-Cal and CalFresh, providing healthcare and food security with personalized support and partnerships.

# COMMUNITY SUPPORT



One of our grantees, the Eden Youth and Family Center. The South Hayward Market connects locals with free produce, nutritious food, and check-ins by Spanish-speaking promotoras, coupling fun, community events with critical health resources.

## Community Sponsorship in 2025

Cumulative funding totaled more than \$13,000

- Grant Avenue Foundation
- San Leandro Education Foundation
- The Rosales Sisters' Scholarship
- La Alianza de Hayward
- Cherryland Community Assoc.
- Davis Street Community Center
- Floresta Baseball League
- Hayward Unified School District
- Third Act Bay Area
- United Seniors of Oakland and Alameda County
- Hayward Education Foundation
- Crisis Support Services

The Floresta Baseball League is a co-ed independent baseball league. It enrolls approximately 300 kids ages 4 to 16 from across the San Leandro, San Lorenzo, Hayward, Castro Valley, and Oakland areas.

We sponsored the Mid-Season Mix-Up.



# COMMUNITY SUPPORT

## FEATURING OUR GRANTEEES

A couple of our grantees were featured in the *East Bay Times* and the *Mercury News*.

Spectrum Community Services brings valuable help to Tri-Valley Seniors. Here is an excerpt of the [entire story](#):

Marina Sims loves to make pork chops, enchiladas, quesadillas or a chuck roast at her mobile home in Livermore, and enjoys an order of Wendy's chili when she's feeling social and wants to go out with her friends. "It's a treat because you're going to have french fries," Sims said. But, she said, "I like Mexican food more than anything."

Lately though, cooking at home is getting tougher for Sims, 75, who is handicapped and uses a wheelchair to get around. Thankfully, she is able to rely on [Spectrum Community Services'](#) Meals On Wheels program for homebound seniors, which provides her with hot and nourishing food each week.

She has depended on Spectrum for the past two years, about the same time her son moved away for work. Rain or shine, Sims waits in anticipation for her favorite delivery driver, Lisa Breton, to arrive so that the two can catch up and chat about their lives, families and anything else that can bring a smile to their faces.

"Spectrum actually saved my life," Sims said recently. "I could have never made it."

Breton and other volunteers pack specialized containers into their own vehicles and travel year-round throughout the Tri-Valley area, Mondays through Fridays.



Spectrum Community Services volunteer Lisa Breton, left, delivers meals to Marina Sims at her Livermore home. Spectrum Community Services delivers hundreds of meals to seniors throughout Alameda County and offers services such as emergency home repairs, and fall prevention classes to community members. (Aric Crabb/Bay Area News Group)

# COMMUNITY SUPPORT

## FEATURING OUR GRANTEEES

Love Never Fails, featured in the *Mercury News*, offers trafficking survivors much-needed support. Here is an excerpt:

In the mid-2010s, a woman known as Tish was trapped in a seemingly endless cycle of human trafficking, her exploiter keeping her young son hostage so she would do his bidding throughout each day and night.

Tish had one advantage — her attention to detail. She silently kept track of his routine and came up with a plan to escape.

"He left me alone with (my son) for three hours, so I knew I would have that small

window to work with," she said in a recent interview. When the opportunity came, she said, "I took my son and whatever I could carry, and I started walking." She also slipped a note to her neighbor, who helped Tish put some distance between herself and the man who'd kept her under his control for years.

That was the first day of a process that led Tish out of the Central Valley to the Bay Area, where she found refuge through a nonprofit called Love Never Fails. In Love Never Fails, Tish found stability through a brand-new residence for trafficking survivors, then started spending time at its East Bay offices. She was sorting items by color in the backroom when the organization's executive director, Vanessa Russell, approached her.

"I said, 'You know, Tish, I think you're an engineer,'" Russell recalled in a recent interview. She was right. Today, Tish works in Silicon Valley as a network engineer for Cisco Systems, after graduating at the top of her class in a tech academy run by the nonprofit.



Love Never Fails staff member Valerie Brown and volunteers give out donations along International Boulevard near 16th Avenue in Oakland, Calif., on Thursday, Oct. 30, 2025. The Hayward-based nonprofit was founded in 2011 by Vanessa Russell and aims to prevent youth from sex trafficking. (Jane Tyska/Bay Area News Group)

# HONORING A LEGEND

## MARK FRIEDMAN'S OP-ED

Our CEO Mark Friedman had the pleasure of working with Rob Reiner. After his tragic death, he wrote an op-ed for the *LA Times*. ([Click here to read the full text.](#)) Here is an excerpt:

After [his tragic death](#) Sunday, the world remembers Rob Reiner as a cinematic force — and he was one, as an unforgettable presence on the ambitious 1970s sitcom “All in the Family” and later as the director of beloved films. I came to know him differently: as a restless thinker who transformed his own life story into bold public policy, reshaping how California understands and invests in its

youngest children. Reiner almost single-handedly conceived and led the successful 1998 campaign for California's Proposition 10, a tobacco tax to raise funds for early childhood health and education. It established a statewide commission and 58 county commissions charged with investing in healthcare, parenting support, early education and other services for children from prenatal stages through age 5.

At the time this was a radical reframing of public responsibility — placing the earliest years of life at the center of social policy.

Reiner did not arrive at this work casually. He immersed himself in the science of early brain development and the evidence showing how experiences in the first five years shape lifelong outcomes. He articulated, clearly and persuasively, that investing early was not charity but a proven way to reduce crime, mitigate poverty and strengthen families and communities.

The screenshot shows the top portion of a web article. At the top left is a 'Sections' menu icon. The main header is 'Los Angeles Times' in a serif font. To the right are icons for a user profile and a search function. Below the header is the byline 'Voices Mark Friedman'. The article title is 'Rob Reiner reshaped how California understands and invests in children'. The bottom of the screenshot shows a photograph of Rob Reiner, an older man with a white beard, gesturing with his hands while speaking.

# FINANCIAL REPORT

## Statement of Net Assets as of June 30, 2025

### Assets

Cash	\$4,702,728
Receivables	1,612,714
Prepays	51,423
Investments	3,679,523
Net Capital Assets	27,549,963
<u>Other</u>	<u>274,227</u>
Total	\$37,870,578

### Liabilities & Fund Balance

Liabilities	\$9,491,575
<u>Fund Balance</u>	<u>28,379,003</u>
Total	\$37,870,578

### Notes:

1) **The District does not receive any tax revenue.**

The bulk of its revenue comes from lease payments by health care professionals and medical groups for office space at two medical office buildings the District owns.

2) The District's principal receivable is \$1.5 million to be received from Baywood Court (BWC). The funds were received in October 2025.

3) The District's principal liability is a mortgage on one office building.

### Additional Financial Information

In 1984, Eden Health District (EHD) established Baywood Court (BWC), a non-profit retirement and skilled nursing facility located in Castro Valley.

In June 2022, BWC and EHD's boards of directors reached an agreement to transfer governance to BWC's board of directors. As part of the agreement, BWC made an initial distribution of \$2 million to the Eden Health District, to be followed by 9 to 11 years of annual distribution payments based on agreed upon financial milestones.

The District's annual budget and audit reports are posted online at [www.ethd.org/financials](http://www.ethd.org/financials).

# STAY WELL BULLETIN

EDEN HEALTH DISTRICT | 10

## STAY INFORMED, STAY WELL

As the pandemic challenges eased, and state and local emergency orders ended, Eden Health District's COVID-19 breaking news bulletin was refashioned in 2023 to reflect those transitions.

Now known as the Stay Well bulletin, the once-weekly communication highlights the most important health issues of the day, including national news, mental health concerns, housing and homelessness struggles in our region, and other issues that can impact our health.

Stay Well also features the latest research and information on healthy lifestyles and public health practices to help us all prepare for future community-wide challenges.

600 +

ISSUES PUBLISHED  
SINCE 2020

1,400

SUBSCRIBERS

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## FOLLOW EDEN HEALTH DISTRICT ON SOCIAL MEDIA

Eden Health District has a broad social media presence, regularly posting essential health-related news on its Facebook, Instagram, and LinkedIn channels. Follow us on these platforms:

**Facebook** - Eden Health District -

<https://www.facebook.com/ethdorg/>

**Instagram** - edenhealthdistrict -

<https://www.instagram.com/edenhealthdistrict/>

**LinkedIn** - Eden Health District -

<https://www.linkedin.com/company/eden-health-district>

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