

ANNUAL REPORT



EDEN HEALTH
DISTRICT 2024



**EDEN HEALTH
DISTRICT**
INVESTING IN THE HEALTH OF OUR COMMUNITY
SINCE 1948

CEO MESSAGE



Eden Health District CEO Mark Friedman

Eden Health District Board of Directors

Chair Ed Hernandez, Zone 5 Vice Chair
Mariellen Faria, Zone 1 Secretary-Treasurer
Roxann Lewis, Zone 3 Director Sabrina
Aranda, Zone 4 Director Ronna Jojola
Gonsalves, Zone 2

We always welcome feedback and questions. Just email us at info@ethd.org.

Eden Health District Year In Review

We at the Eden Health District are proud to present our annual report that highlights some notable successes where we played an important role.

Last year was challenging in many ways but it was also a time for preserving and expanding critical healthcare services throughout our District.

After a year and a half of diligent leadership by our District and many community partners, in September the future of St. Rose Hospital in Hayward was secured when Alameda Health System agreed to take over the operation of the vital safety-net hospital.

In October, we worked with La Familia, the Alameda County Behavioral Health Collaborative, Glad Tidings International, and Alameda County Behavioral Health to host a Behavioral Health Summit that brought together over 100 key leaders and practitioners to discuss key challenges and opportunities to strengthen our county's behavioral health ecosystem.

Throughout 2024 we were able to fund 21 grants and sponsorships for wonderful non-profit organizations working to improve the overall health of the Eden area. We were able to expand our grants program and support for St. Rose Hospital due to a much-improved financial picture at the District that is detailed in this report.

Thank you to our many community partners from both the non-profit and government sectors whose collaboration greatly multiplies what a small district like ours is able to accomplish.

COMMUNITY SUPPORT

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From left to right: Eden Health District Director Roxann Lewis, Supervisor Nate Miley, our past Chair Pam Russo, and current Chair Ed Hernandez at the Hayward-South Alameda County NAACP Annual Community Services Awards Gala. Miley was honored for his more than 40 years of service to the community.

Agencies Awarded Grants by Eden Health District in 2024

Eden United Church of Christ: Comida Para Cherryland - \$25,000

- Addresses food insecurity and provides essential information about Medi-Cal, Cal-Fresh, and WIC.

Eden Youth & Family: South Hayward Community Markets - \$25,000

- This vibrant event became a central gathering point with families enjoying high-quality organic, local produce at an affordable price, sampling homemade goods, purchasing unique handmade creations, and connecting families with vital health resources.

San Lorenzo Family Help Center: Improving Food Access in the Eden Area - \$25,000

- Grant funding expanded the San Lorenzo Family Help Center's expansion of their food pantry and food recovery program, and the development of a Farmers Market mobile pantry.

Building Futures with Women & Children: Emergency Shelter and Domestic Violence Education and Outreach for Eden Residents - \$20,000

- Services are designed to provide everything participants need to leave homelessness and domestic violence behind and build a better future.

Child Abuse, Listening, Interviewing, and Coordination Center (CALICO): Building Resiliency-Family Support Services for Abused Children - \$20,000

- The program includes immediate, crisis-oriented services delivered on-site when a family is first referred to CALICO, followed by follow-up services that promote positive mental health and healing.

COMMUNITY SUPPORT



From left to right: Eden Health District Chair Ed Hernandez, former Chair Pam Russo, CEO of La Familia Aaron Ortiz, Eden Health District CEO Mark Friedman, former Director Surlene Grant, and Bishop Jerry Macklin, head of Glad Tidings International, at the Behavioral Health Summit in October.

Agencies Awarded Grants by Eden Health District in 2024 cont.

Crisis Support Services: Community Education-Teens for Life - \$20,000

- The program provides a comprehensive approach to youth suicide prevention education in schools.

East Bay Agency for Children (EBAC): Family Resource Centers in San Leandro and Hayward to Partner with Families to Remove Barriers to Health, Wellness and Opportunities - \$20,000

- Staff work directly with families to connect them to family resource center services such as public benefits enrollment assistance, parenting classes, grief support, early childhood education, leadership development, case management, and more.

Glad Tidings Community Development Corporation: Addressing Health Disparities through Nutrition Education - \$20,000

- Provides health education classes to low-income and underserved racially diverse communities for promoting equity in health outcomes.

Love Never Fails: Mobile Mental Health Support for Unhoused Individuals in Hayward - \$20,000

- Love Never Fails services are part of the Therapeutic Outreach Network (TON), a mobile mental health program to provide counseling for Hayward residents.

San Leandro Boys & Girls Club: Teen Mental Health Wellness Initiative - \$20,000

- The Teen Mental Health Wellness Initiative continues the goal of the Boys & Girls Clubs of San Leandro to become a truly trauma-informed organization encompassing our youth, families, and staff.

COMMUNITY SUPPORT

EDEN HEALTH DISTRICT | 04



One of our sponsorships is the Center for Elders Independence, an organization that supports elders in continuing to live at home while also having an active social life.

Agencies Awarded Grants by Eden Health District in 2024 cont.

Spectrum Community Services: Senior Meals Program - \$20,000

- Spectrum's Senior Meals Program provides mobile seniors a hot meal served in a communal setting where they can "Meet & Eat."

La Clinica de La Raza: Eden Area Health Education Project - \$15,000

- Funding enhanced the capacity of La Clínica's Fuente Wellness Center (Fuente) and San Lorenzo High Health Center (SLZHC) to reach youth with comprehensive health services and targeted outreach outside of clinic walls.

SOS Meals on Wheels: Nourishing Older Adults of the Eden District - \$15,000

- Funding from the grant supports raw food and kitchen staff. Meals are delivered 248 days per year Monday through Friday, with weekend meals delivered with Thursday & Friday meals.

Teen Advocacy Going Strong (TAGS): The Creative Reuse Youth Project - \$5,000

- The Creative Reuse Youth Project is specifically designed to empower young individuals by providing them with tools and opportunities necessary to thrive both creatively and emotionally.

Sponsorships in 2024

Cumulative funding totaled almost \$10,000

- Castro Valley Sports Foundation
- Center for Elders Independence
- Cherryland Community Assoc.
- American Cancer Society
- United Seniors of Oakland & Alameda County
- New Havens School Foundation
- La Familia

COMMUNITY SUPPORT

SAVING ST. ROSE HOSPITAL IN HAYWARD

In the spring of 2023, our District launched a community-wide effort to save St. Rose Hospital in Hayward. St. Rose is a safety net hospital that serves a predominantly low-income and immigrant population.

Our board and staff reached out to a wide variety of community stakeholders and healthcare organizations to conduct a sustainability study on the future of St. Rose, which serves over 40,000 patients annually. It has been struggling to survive due to the changing healthcare environment and the nature of being a standalone non-profit hospital.

The study we commissioned recommended the best way to ensure the future of St. Rose was for the hospital to merge with a larger and more financially secure public entity. After the board of St. Rose solicited RFPs and vetted applicants, Alameda Health System was selected to take over the management of St. Rose, which happened in October of 2024.

It is widely recognized that without the vision and commitment of the leadership of the Eden Health District, this happy result would not have been possible. Additionally, our board voted to contribute \$1 million to make the transition feasible with an emphasis on rehabbing vital subacute beds and the cardiac/cath lab.



The St. Rose Hospital lobby was remodeled and accented with artwork dedicated to Supervisor Richard Valle. Daljit Basi, former director Pam Russo, Director Mariellen Faria, and Sylvia Ureno are all smiles during the tour.

[Please write to this SFO Mark Fried article](#) [learn more](#) about some of the families that depend on St. Rose and the community effort to save the hospital.



Eden Health District Directors tour the St. Rose Hospital and view the subacute unit that EHD helped fund. The unit bridges the gap between acute hospital care, skilled nursing, and home-based recovery, providing a seamless transition for patients requiring a high level of care. Designed with patient comfort and recovery in mind, the unit will feature the latest medical technology, specialized therapy, and recreation.

COMMUNITY SUPPORT

BEHAVIORAL HEALTH SUMMIT HIGHLIGHTS SUCCESS AND CHALLENGES

On Oct. 10th, the Eden Health District co-hosted a Behavioral Health Summit at Glad Tidings International in Hayward. Over 100 policymakers, elected officials, and behavioral health professionals heard a keynote address from Matthew Madaus, executive director of the Behavioral Health Collaborative of Alameda County, and Dr. Karyn Tribble, the director of Alameda County Behavioral Health.

Workshops focused on Crisis Support, California Proposition 1 on Mental Health, and Mental Health Challenges for Young People and Educators. The summit kicked off with a presentation of the important study “Abriendo Caminos - The Compass to Behavioral Health Representation in the Bay Area” commissioned by La Familia, one of the co-hosts of the summit. The study examined the need for a greater diversity of behavioral health providers who reflect the communities who are most in need with a focus on Latino professionals.

Other co-hosts included Alameda County Behavioral Health, the Behavioral Collaborative of Alameda County, Glad Tidings International, and Alameda County Supervisor Elisa Marquez.

EDEN HEALTH DISTRICT | 06



It was a packed house at the Behavioral Health Summit. Workshops focused on key issues regarding mental health.



The Behavioral Health Summit included numerous speakers such as Dr. Karyn Tribble, the director of Alameda County Behavioral Health. We covered serious topics but also had light-hearted moments as you can tell from this picture.

FINANCIAL REPORT

Statement of Net Assets as of June 30, 2024

Assets

| | |
|--------------------|----------------|
| Cash | \$790,194 |
| Receivables | 1,576,105 |
| Prepays | 46,044 |
| Investments | 5,317,996 |
| Net Capital Assets | 29,044,752 |
| <u>Other</u> | <u>386,922</u> |
| Total | \$37,162,613 |

Liabilities & Fund Balance

| | |
|---------------------|-------------------|
| Liabilities | \$10,022,714 |
| <u>Fund Balance</u> | <u>27,159,301</u> |
| Total | \$37,182,015 |

Notes:

1) **The District does not receive any tax revenue.**

The bulk of its revenue comes from lease payments by health care professionals and medical groups for office space at two medical office buildings the District owns.

2) The District's principal receivable is \$1.5 million to be received from Baywood Court (BWC). The funds were received in October 2024. [EDEN HEALTH DISTRICT |07](#)

3) The District's principal liability is a mortgage on one office building.

Additional Financial Information

In 1984, Eden Health District (EHD) established Baywood Court (BWC), a non-profit retirement and skilled nursing facility located in Castro Valley.

In June 2022, BWC and EHD's boards of directors reached an agreement to transfer governance to BWC's board of directors. As part of the agreement, BWC made an initial distribution of \$2 million to the Eden Health District, to be followed by 9 to 11 years of annual distribution payments based on agreed upon financial milestones.

The District's annual budget and audit reports are posted online at www.ethd.org/financials.

STAY WELL BULLETIN

EDEN HEALTH DISTRICT | 08

500 +

ISSUES PUBLISHED
SINCE 2020

1,800 +

SUBSCRIBERS

FOLLOW EDEN HEALTH DISTRICT ON SOCIAL MEDIA

Eden Health District has a broad social media presence, regularly posting essential health-related news on its Facebook, Instagram, and LinkedIn channels. Follow us on these platforms:

Facebook - Eden Health District -
<https://www.facebook.com/ethdorg/>

Instagram - edenhealthdistrict -
<https://www.instagram.com/edenhealthdistrict/>

LinkedIn - Eden Health District -
<https://www.linkedin.com/company/eden-health-district>

STAY INFORMED, STAY WELL

As the pandemic challenges eased, and state and local emergency orders ended, Eden Health District's COVID-19 breaking news bulletin was refashioned in 2023 to reflect those transitions.

Now known as the Stay Well bulletin, the once-weekly communication highlights the most important health issues of the day, including mental health concerns, the fentanyl/opioid crisis, housing and homelessness struggles in our region, as well as tracks new COVID variant strains detected and their potential impact on our health.

Stay Well also features the latest research and information on healthy lifestyles and public health practices to help us all prepare for future community-wide challenges.



USE YOUR SMARTPHONE TO SCAN THE QR CODE ABOVE
AND YOU'LL BE TAKEN TO A PAGE WHERE YOU CAN SIGN
UP FOR THE EDEN HEALTH DISTRICT STAY WELL
BULLETIN