

ANNUAL REPORT

EDEN HEALTH
DISTRICT 2023



**EDEN HEALTH
DISTRICT**
INVESTING IN THE HEALTH OF OUR COMMUNITY
SINCE 1948

CEO MESSAGE

EDEN HEALTH DISTRICT | 01

Eden Health District Year In Review

Here's to a healthy 2024 for everyone!

We are proud to present our annual report for 2023. Among the highlights was our effort to bring together key stakeholders to plan for the future sustainability of St. Rose Hospital in Hayward (see story on page 3). Working in close partnership with Colleen Chawla and the Alameda County Health Care Services Agency along with a range of partners, we commissioned a study which we are optimistic will lead to the survival and expansion of this key community resource. This study was a key component of our 2023 strategic plan.

We were also able to greatly stabilize our financial future, another feature of the strategic plan, through the fruition of our agreement with Baywood Court Retirement Community. This also allowed us to completely pay off our long term debt to Sutter Health early, saving significant funds for community grants and sponsorships. We also are saving dramatically on election costs as a result of our board's decision to shift to Zone elections.

As the Covid pandemic changes and lingers, we continue to provide the most up-to-date information and data in our Stay Well Health Bulletin, which also covers a wide variety of health related issues including housing and homelessness, the opioid crisis, mental health and other important challenges as they arise.

We look forward to another year of service to the communities our District serves by working closely with our many community and government partners.



Eden Health District CEO Mark Friedman

Eden Health District Board of Directors

Chair Pam Russo, at-large
Vice Chair Ed Hernandez, Zone 5
Secretary-Treasurer Roxann Lewis, Zone 3
Director Mariellen Faria, Zone 1
Director Surlene Grant, at-large

We always welcome feedback and questions. Just email us at info@ethd.org.

COMMUNITY SUPPORT

EDEN HEALTH DISTRICT | 02



Eden Health District directors (from left to right) Roxann Lewis, Pam Russo and Ed Hernandez joined Supervisor Nate Miley at the Hayward-South Alameda County NAACP Annual Community Services Awards Gala held in November 2023. Miley was honored for his more than 40 years of service to the community.

Agencies Awarded Grants by Eden Health District in 2023

- Hayward Fire Department - \$25,000
- Glad Tidings Community Development Corporation - \$25,000
- Castro Valley Unified School District - Tiburcio Vasquez Health Clinic - \$50,000

Sponsorships in 2023

Cumulative funding totaled almost \$10,000

- Center for Elders' Independence
- American Cancer Society
- Castro Valley Sports Foundation
- United Seniors of Oakland & Alameda County
- Hayward Area Recreation & Park Foundation
- La Familia
- Cherryland Community Association
- City of San Leandro
- Grant Avenue Foundation

COMMUNITY SUPPORT

EDEN HEALTH DISTRICT | 03

EDEN HEALTH DISTRICT COMMITTED TO PRESERVING HEALTH CARE SERVICES FOR THE MOST VULNERABLE

In April of 2023, Eden Health District CEO Mark Friedman and Alameda Services Agency Director Colleen Chawla formed a Steering Committee to initiate and supervise a comprehensive study of the long-term sustainability of the services currently provided at St. Rose Hospital in Hayward.

A non-profit, stand-alone community hospital, St. Rose has faced monumental financial challenges in recent years requiring significant funding from Alameda County to keep the doors open and maintain services for the most vulnerable community members. Currently over 95% of patients at St. Rose are low income recipients of Medi-Cal and Medicare.

The hospital also received \$17.65 million interest-free loan from California's new Distressed Hospital Loan Program in August.

The Steering Committee was comprised of key stakeholders, including Eden Board Chair Pam Russo and representatives from the Alameda County Health Care Services Agency, Alameda Health System, Kaiser Permanente, Washington Hospital Healthcare District, St. Rose Board/Foundation, and the Hospital Council of Northern and Central California.



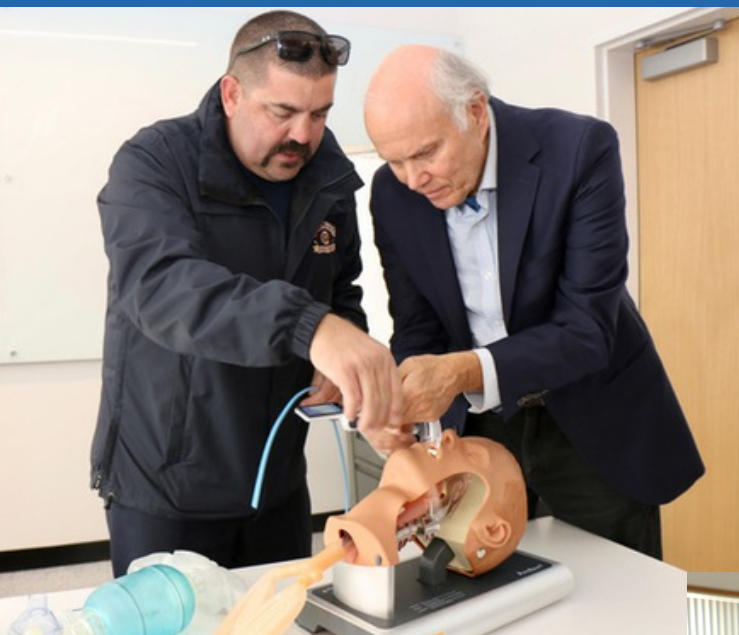
"St. Rose Hospital provides vital safety net services to some of our most vulnerable community members and we can't let those critical services disappear. We are tremendously encouraged at how the steering committee coalition came together to plan for the ongoing sustainability of St. Rose," Friedman said.

The steering committee selected the Innova Group to conduct the study and develop actionable recommendations. EHD took the lead in funding the study. Innova presented the results of the study to the Steering Committee, the St. Rose Hospital Board of Directors, and the Alameda County Board of Supervisors in October.

As a result of the study, the St. Rose Hospital Board of Directors issued an RFP for a potential merger or acquisition and received several responses. It is anticipated that this process will greatly facilitate securing the future of the hospital. A transition to a new governance structure is expected sometime this year.

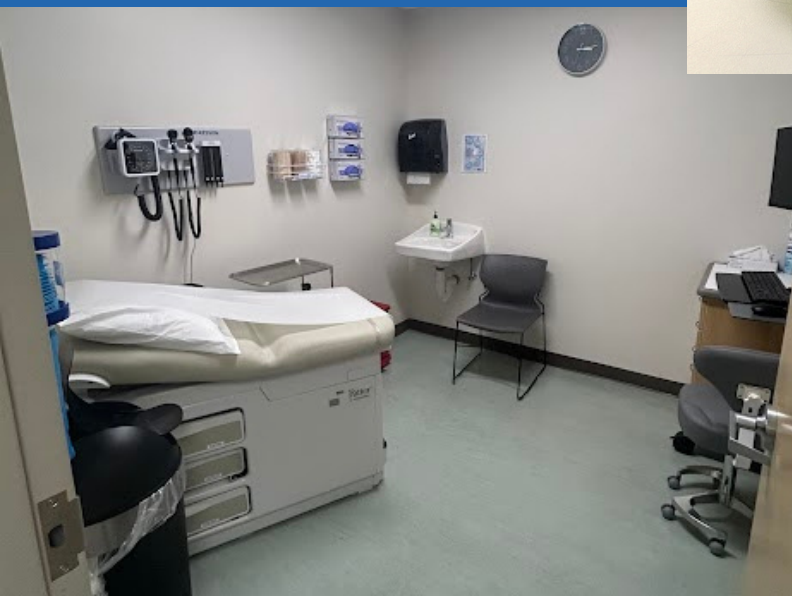
COMMUNITY SUPPORT

EDEN HEALTH DISTRICT | 04



Hayward Fire Chief Danny Vickers, left, shows Eden Health District CEO Mark Friedman how to use a video laryngoscope. The District awarded a \$25,000 grant to the Hayward Fire Department in 2023, which allowed for the purchase of these lifesaving devices.

Lunch is served! Seniors can enjoy a healthy and delicious lunch at Glad Tidings International Church in Hayward Tuesday through Friday afternoons. Eden Health District provided a \$25,000 grant in 2023 to support the Senior Lunch program.



An exam room at the Tiburcio Vasquez Health Center, left, located on the Castro Valley High School campus. The Center, which serves students and well as community members, received a \$50,000 grant from Eden Health District in 2023. Services available include primary care, sports physicals, immunizations, first aid and health education.

FINANCIAL REPORT

Statement of Net Assets as of June 30, 2023

Assets

Cash	\$479,908
Receivables	1,576,614
Prepays	86,139
Investments	4,560,219
Net Capital Assets	30,530,782
<u>Other</u>	<u>498,485</u>
Total	\$37,732,147

Liabilities & Fund Balance

Liabilities	\$12,831,339
<u>Fund Balance</u>	<u>24,900,808</u>
Total	\$37,732,147

Notes:

1) The District does not receive any tax revenue.

The bulk of its revenue comes from lease payments by health care professionals and medical groups for office space at two medical office buildings the District owns.

2) The District's principal receivable is \$1.5 million to be received from Baywood Court (BWC). The funds were received in October 2023.

3) The District's principal liability is a mortgage on one office building. The District paid off the outstanding debt to Sutter Health early in November of 2023 allowing the District to enhance funding opportunities for the community.

Additional Financial Information

In 1984, Eden Health District (EHD) established Baywood Court (BWC), a non-profit retirement and skilled nursing facility located in Castro Valley.

In June 2022, BWC and EHD's boards of directors reached an agreement to transfer governance to BWC's board of directors. As part of the agreement, BWC made an initial distribution of \$2 million to the Eden Health District, to be followed by 9 to 11 years of annual distribution payments based on agreed upon financial milestones.

The District's annual budget and audit reports are posted online at www.ethd.org/financials.

STAY WELL BULLETIN

EDEN HEALTH DISTRICT | 06

450 +

ISSUES PUBLISHED
SINCE 2020

1,800

SUBSCRIBERS

FOLLOW EDEN HEALTH DISTRICT ON SOCIAL MEDIA

Eden Health District has a broad social media presence, regularly posting essential health-related news on its Facebook, Twitter, Instagram and LinkedIn channels. Follow us on these platforms:

Facebook - Eden Health District -

<https://www.facebook.com/ethdorg/>

Twitter - @ethdorg - <https://twitter.com/ethdorg>

Instagram - edenhealthdistrict -

<https://www.instagram.com/edenhealthdistrict/>

LinkedIn - Eden Health District -

<https://www.linkedin.com/company/eden-health-district>

STAY INFORMED, STAY WELL

As the pandemic challenges eased, and state and local emergency orders ended, Eden Health District's COVID-19 breaking news bulletin was refashioned in 2023 to reflect those transitions.

Now known as the Stay Well bulletin, the twice-weekly communication highlights the most important health issues of the day, including mental health concerns, the fentanyl/opioid crisis, housing and homelessness struggles in our region, as well as tracks new COVID variant strains detected and their potential impact on our health.

Stay Well also features the latest research and information on healthy lifestyles and public health practices to help us all prepare for future community-wide challenges.



USE YOUR SMARTPHONE TO SCAN THE QR CODE
ABOVE AND YOU'LL BE TAKEN TO A PAGE WHERE
YOU CAN SIGN UP FOR THE EDEN HEALTH DISTRICT
STAY WELL BULLETIN