

***Final Grant Report  
Eden Health District***

Grantee Organization Name: San Leandro Unified School District

Program or Project Name: Health Education Action Teams (HEAT)

Application Number and Grant Amount: 15-012 / \$10,000

Organization Contact Person, Phone Number, and Email:  
Jason Toro, 510-667-3510, jtoro@slusd.us

Date: 1/13/2017

  
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Jason Toro  
Manager, Student Health & Wellness Center

Please respond to the following items in a narrative report that is no more than six pages long.

1. Please list the objectives of your grant and describe how the project did or did not meet each one.

<b>HEAT Peer Education Program</b>		
<b>Objective</b>	<b>Measurable Outcome</b>	<b>Status</b>
<b>A1.1.</b> Identify and hire a HEAT Programs Coordinator.	Currently in place.	<b><u>Outcome met.</u></b>
<b>A1.2.</b> Recruit Peer Educators from the Korematsu, SLHS Main and Lincoln campuses.	30 students recruited as Peer Educators by 2/30/16.	24 students recruited by 2/30/16. <b><u>Outcome short by six students.</u></b>
<b>A1.3.</b> Train program participants as Peer Educators utilizing the critical pedagogy framework.	Training completed by 3/30/15.	Training completed by 3/30/15. <b><u>Outcome met.</u></b>
<b>A1.4.</b> Peer Educators will develop five (5) health & wellness-focused topical presentations and/or projects during the grant cycle.	5 presentations/ projects completed by 11/30/15.	5 presentations were completed by 11/30/15. <b><u>Outcome met.</u></b>
<b>A1.5.</b> Peer Educators will implement five (5) cycles of presentations/projects. Each cycle will reach approximately 150 students/community members.	750 unduplicated peer-to-peer and community contacts completed by 12/30/16.	Students completed 3-cycles of each presentation/topic for a total of 750 unduplicated contacts. <b><u>Outcome exceeded.</u></b>
<b>A1.6</b> Peer Educators will meet twice weekly for 1.5 hours each session for the duration of the grant period.	85% attendance at all meetings.	90% attendance rate for all meetings. <b><u>Outcome exceeded.</u></b>

<b>A. HEAT Peer Navigation Program</b>		
<b>Objective</b>	<b>Measurable Outcome</b>	<b>Status</b>
<b>B1.1.</b> Recruit Peer Navigators from the Bio-Health program, Korematsu, SLHS Main and Lincoln campuses.	30 students recruited as Peer Navigators by 1/30/16.	30 Peer Navigators were recruited by 1/30/16. <b><u>Outcome met.</u></b>
<b>B1.2.</b> Train program participants as Peer Navigators utilizing the critical pedagogy framework.	Training completed by 2/30/16.	30 Peer Navigators were trained by 2/30/16. <b><u>Outcome met.</u></b>
<b>B1.3.</b> Peer Navigators will develop a comprehensive marketing and outreach plan.	Plan completed by 3/15/16.	Outreach plan completed by 3/15/16. <b><u>Outcome met.</u></b>
<b>B1.4.</b> Peer Navigators will implement the marketing and outreach plan with a target of fifteen (15) contacts per month / per Peer Navigator.	2,700 duplicated contacts completed by 12/30/15.	Peer Navigators facilitated a total 2,971 contacts referring students for services. <b><u>Outcome exceeded.</u></b>

2. What measurable outcomes did you achieve with this project? Please list the outcomes described in your proposal. Explain how you did or did not meet each of those, and explain any additional outcomes you may have achieved.

**A1.1. Identify and hire a HEAT Programs Coordinator:** Our Programs Coordinator is currently in place for this grant cycle.

**A1.2. Recruit Peer Educators from the Korematsu, SLHS Main and Lincoln campuses:** We were successfully able to carry over 15 Peer Educators from the previous group of students. These students acted as mentors and were able to recruit an additional 9 students to become Peer Educators. The students range in age from 14 to 18 and are in grades 9<sup>th</sup> through 12<sup>th</sup>.

**A1.3. Train program participants as Peer Educators utilizing the critical pedagogy framework:** We utilized the summer to train our Peer Educators in a total of professional development topics ranging from group facilitation and presentation preparation to critical reflection and interviewing skills.

**A1.4. Peer Educators will develop five (5) health & wellness-focused topical presentations and/or projects during the grant cycle:** The young people developed six topical presentations as follows:

- Teen Dating Violence Awareness
- Stress Management
- Self Care
- Promoting Mental Wellness
- Needs Assessment Survey (Attached)

The projects included a youth conference, lunchtime DIY/educational events, and classroom style presentations.

**A1.5. Peer Educators will implement five (5) cycles of presentations/projects. Each cycle will reach approximately 300 students/community members:** This grant cycle, we were able to complete a total of six projects, reaching a total of 1,263 unduplicated contacts. Projects included a youth conference, classroom presentations, lunchtime skits, and school-wide event presentations. (Video of a lunchtime event is attached).

**A1.6 Peer Educators will meet twice weekly for 1.5 hours each session for the duration of the grant period:** Students met twice weekly for the duration of the grant, with a 90% attendance record. Students received professional development training, prepared presentations and debriefed on peep contacts.

**B1.1. Recruit Peer Navigators from the Korematsu, SLHS Main and Lincoln campuses:** Utilizing the Bio/Health Academy, we were able to recruit a class of 30 students who were trained as Peer Navigators as part of their core curriculum.

**B1.2. Train program participants as Peer Navigators utilizing the critical pedagogy framework:** In partnership with the Bio/Health Academy currently being launched at our FTK Campus, we were able to recruit and train a class of 30 students to be Peer Navigators. The students received in depth training on the services offered through our health and wellness center, including a tour of the center and how to make referrals. In addition, they were trained in public speaking and assisted in the development of a referral contact form (attached).

**B1.3. Peer Navigators will develop a comprehensive marketing and outreach plan:** Peer navigators developed a comprehensive outreach plan in partnership with their instructor and health & wellness center staff. The plan incorporated 1-on-1 contacts, tabling and school wide events.

**B1.4. Peer Navigators will implement the marketing and outreach plan with a target of fifteen (15) contacts per month / per Peer Navigator:** Through our partnership with the Bio/Health Academy, we were able to exceed our goal and reached 2,971 contacts.

3. Describe any problems you encountered, any unexpected benefits you gained and lessons you learned during this project.

This cycle was very successful due to our Peer Educator mentors that carried over from the previous grant cycle. They were able to help and train the incoming peer educators and provide guidance and leadership during the implementation of the projects.

4. Would you make any changes if you were to do this project again? Please explain.

The only change I would make to the program is making the Peer Navigator aspect of the program part of the classroom instruction in an official capacity. This will

ensure program sustainability, as well as provide crossover between the classroom and the health clinic.

5. What are your plans for continuing this project in the future?

We now have a solid base of Peer Educators and Navigators that will continue to be engaged with the Barbara Lee Center for Health & Wellness in the development of health-related presentations and referrals. The current group of students will serve as mentors to the incoming group of newly recruited Educators and Navigators. We have an established connection with the Bio/Health Academy and the Peer Navigator model is now an incorporated piece of their curriculum.

6. Is there anything else you would like the Eden Township Healthcare District to know about your project?

We are grateful for the opportunity to partner with ETHD in the implementation of this project. The young people who served as Peer Educators and Peer Navigators gained tremendous experience, awareness of their community and self-esteem during this project. We now have a group of young people that are connected to the Barbara Lee Center for Health & Wellness and are ready to be role models to the incoming group of youth leaders,

Please enclose the following attachments:

- A financial report giving a breakdown of all grant expenditures and specifying the use of Eden Township Healthcare District funds.

Attached.

- Needs Assessment Survey.

Attached.

- Video of student event.