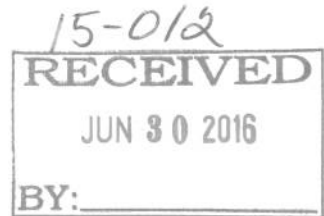


**Interim-Grant Report: One-Year Grant
Eden Health District**



Grantee Organization Name: San Leandro Unified School District
Program or Project Name: Health Education Action Teams (HEAT)
Application Number and Grant Amount: 15-012 / \$10,000
Beginning and Ending Dates of Grant Period: January 1, 2016 to December 30, 2016
Organization Contact Person and Phone Number: Jason Toro / 510-667-3510
Date: June 30, 2015

Jason Toro

June 30, 2016

Jason Toro
Student Health & Wellness Center Manager

Date

1. Please list the objectives of your grant and describe the progress you have made toward meeting each one.

A1.1. Identify and hire a HEAT Programs Coordinator.

A Programs Coordinator was hired as of July 6, 2015.

A1.2. Recruit Peer Educators from the Korematsu, SLHS Main and Lincoln campuses.

We have recruited 15 Peer Educators from Korematsu, SLHS Main and Lincoln campuses.

A1.3. Train program participants as Peer Educators utilizing the critical pedagogy framework.

The 15 students we have in the Peer Educator program have completed the following curriculum modules:

1. Leadership Styles
2. Communication
3. Conducting Outreach
4. "Elevator Pitch"
5. Developing a Presentation: Who, What, When, Where and Why

A1.4. Peer Educators will develop five (5) health & wellness-focused topical presentations and/or projects during the grant cycle.

1. Communication/Healthy Relationships
2. Mental Health
3. Reproductive Education

4. Food and Nutrition
5. School Climate and Inclusion

These topics were selected based on youth input regarding what they had identified as areas of interest/need.

A1.5. Peer Educators will implement five (5) cycles of presentations/projects. Each cycle will reach approximately 150 students/community members.

To date we have completed one cycle of presentations/projects reaching a total of 210 contacts. An example of this was with our Teen Dating Violence Awareness event held at The BLC on February 25th. Below is a blurb that was placed in our monthly district newsletter:

February is Teen Dating Violence Awareness Month (TDVAM) and the Barbara Lee Center for Health & Wellness celebrated healthy relationships by taking action to help spread awareness and prevent dating violence. This included our Season of Service project at SLHS, where we invited students to participate in a survey around healthy relationships, as well as handing out swag with the "Love is Respect" message. We also hosted an amazing TDVAM event at The BLC that served 120 students. The event featured an excellent presentation by two of our young people from our Health Education Action Team (HEAT) that focused on identifying the signs of an abusive relationship. We also had a fun selfie wall where the youth took plenty of pictures highlighting positive messages around healthy relationships.

A1.6 Peer Educators will meet twice weekly for 1.5 hours each session for the duration of the grant period.

Peer Educators have met with our Program Coordinator and the Health Educator from our School-Based Health Center every week for 2 hours per session. This has worked better than attempting to meet twice per week for 1.5 hours per session. The attendance rate at the meetings has been approximately 90%.

B1.1. Recruit Peer Navigators from the Korematsu, SLHS Main and Lincoln campuses.

We have recruited 30 Peer Navigators from the Korematsu campus. We have partnered with the Health Academy course that is being launched within SLUSD. Partnering with Rachel England, the instructor for the Health Academy has been very successful. She has incorporated the Health Navigator program into her curriculum. Her students have toured the SBHC at The BLC. Health Navigators have completed 723 contacts this reporting period.

B1.2. Train program participants as Peer Navigators utilizing the critical pedagogy framework.

The students received in depth training on the services offered through our health and wellness center, including a tour of the center and how to make referrals. In addition, they were trained in public speaking and assisted in the development of a referral contact form.

B1.3. Peer Navigators will develop a comprehensive marketing and outreach plan.

Peer navigators developed a comprehensive outreach plan in partnership with their instructor (Rachel England) and health & wellness center staff. The plan incorporated 1-on-1 contacts, tabling and school wide events.

B1.4. Peer Navigators will implement the marketing and outreach plan with a target of fifteen (15) contacts per month / per Peer Navigator.

The first half of this reporting period include the training and orientation of the Health Navigators. This next half of the grant period will include the implementation of the marketing and outreach plan in order to meet our full objectives.

2. Do you expect to be able to complete the grant objectives by the end of the grant period? Explain.

Yes. Now that we have instituted the Peer Educator and Navigator program, we are well on our way to meeting our stated goals and objectives. We have brought in partners to help us implement the program (Bio/Health Academy and Native American Health Center). With the next school year starting shortly, we have full confidence that we will reach our goals.

3. How does your actual progress differ from your timeline in your project application?

We are approximately 20% behind in our deliverables, but that is because we took a little while longer to complete recruitment and training for the students.

4. Do you expect to achieve the measurable outcomes specified in your grant application? Please list those outcomes and explain your current expectations.

Yes, we expect to achieve our measurable outcomes. To date, the following measurable objectives have been completed:

A1.1. Identify and hire a HEAT Programs Coordinator.

A1.2. Recruit 15 Peer Educators from the Korematsu, SLHS Main and Lincoln campuses.

A1.3. Train program participants as Peer Educators utilizing the critical pedagogy framework.

A1.4. Peer Educators will develop five (5) health & wellness-focused topical presentations and/or projects during the grant cycle.

A1.5. Peer Educators will implement eight (5) cycles of presentations/projects. Each cycle will reach approximately 150 students/community members. (Partially complete)

A1.6 Peer Educators will meet twice weekly for 1.5 hours each session for the duration of the grant period. (Partially complete)

B1.1. Recruit 15 Peer Navigators from the Korematsu, SLHS Main and Lincoln campuses.

B1.2. Train program participants as Peer Navigators utilizing the critical pedagogy framework.

B1.3. Peer Navigators will develop a comprehensive marketing and outreach plan.

B1.4. Peer Navigators will implement the marketing and outreach plan with a target of fifteen (15) contacts per month / per Peer Navigator. (Partially complete)

B1.5. Peer Navigators will meet once weekly for 1.5 hours each session for the duration of the grant period. (Partially complete)

5. Have you encountered any unexpected problems or opportunities in the course of this grant? Will they change your outcomes? Please explain.

No.

6. Is there anything else you would like the Eden Township Healthcare District to know about your project?

No.

Financial Report: Attached.

Health Education Action Teams – Eden Township Healthcare District

Report of Expenditure	Projected Budget	Actual Expenditure as of 6/30/2016	Account Balance as of 6/30/2016
Programs Coordinator Salary .8 FTE (15%)	\$ 6,000.00	\$ 3,000.00	\$ 0.00
Benefits	\$ <u>1,347.00</u>	\$ <u>673.50</u>	\$ 0.00
Total Salary/Benefits	\$ 7,347.00	\$ 3,673.50	\$ 0.00
Stipends	\$ 1,500.00	\$ 0.00	\$ 0.00
Program Materials	\$ 1,153.00	\$ 1,326.50	\$ 0.00
Grand Total	\$ 10,000.00	\$ 5,000.00	\$ 0.00

TEEN DATING: LOVE IS RESPECT

Take a STAND against Teen Dating Violence!

When: February 25th from 4pm to 5:30pm

Where: The BLC, 2251 Bancroft Ave.

Why: Come get information and resources to help yourself and your friends stay away from dating violence and have healthy relationships.

Food. Music. Information. Resources. Photo Booth.

Sponsored in part by Eden Health District

